

Mindfulness When Supporting Challenging Behaviours

Caregivers, psychologists, counsellors, therapists, teachers, and support workers of children with complex behaviours often struggle with managing their emotions and actions when responding to behaviours that are upsetting. This workshop will provide in-depth exploration of the development of self-regulation for across the lifespan who find themselves navigating these struggles everyday.

The workshop will be a combination of instructional learning, practical experience and interactive problem-solving.

12-13 JAN 2018
8:30AM-5PM

INDIVIDUAL | RM 1540
GROUP OF 3 PAX | RM 4360
(FEES IS INCLUSIVE GST)



REGISTER YOURSELF NOW



<http://tiny.cc/OPMindfulnessKimB2017>



Kim is a world-renowned teacher and occupational therapist, actively supporting multi-disciplinary functions and healing in many cultures internationally. She is a pioneer in reinforcing the importance of relationship in therapy and education, blending the art of intuitive inquiry with cutting-edge developments in neuroscience. Kim's specialties include Developmental Delays, Autism Mental Disorder, Mental Health, Complex Behaviour, Sensory Processing, Attachment, the Visual/Vestibular System and Neuro-Developmental Treatment. Kim's mission is to support the conscious evolution of the human spirit."

KIM BARTHEL
OTR/L, C/NDT-NDTA

LEARNING OUTCOMES

1. Enhance reflective skills allowing for increased awareness of personal triggers related to challenging behaviour.
2. Develop an appreciation of the neurobiology of challenging behaviours.
3. Enhance attunement skills to support de-escalation of challenging behaviours.
4. Expand repertoire of dialoguing skills and mindful use of scripts that support the decrease of challenging behaviours.
5. Expand self-care abilities.

PAYMENT METHOD

To register, please deposit the fee to **Oasis Place Sdn Bhd. CIMB Bank Bhd account no. 8007113565**. International telegraphic transfer payments to note **Bank Branch :Seksyen 52, Petaling Jaya, Malaysia. Bank SWIFT Code CIBBMYKL**. All bank charges borne by participant. Please email the proof of payment, full name, and contact number to events@oasisplace.com.my. For any enquiries on this workshop, please contact us at +603 2276 9111 or events@oasisplace.com.my. Please note subject title "Kim Barthel"

Limited seats. Please email / call to enquire the availability of seat before making payment. An acknowledgement of your registration will be sent via email to you. Receipts will be given on the workshop day. Strictly no refund if registrant is unable to attend the course.