

PROUDLY PRESENTS



# MUSIC TOTS

FOR ALL TODDLERS  
aged between 1 - 3 years old  
MusicTots is a fun, creative and  
interactive way for parents to  
engage with their children, to  
strengthen the parent-child bond,  
and to enrich every area  
of the child's development

**Wednesday**  
**(11, 18, 25 Sept & 2 Oct 2019)**

**1pm - 2pm**

**RM440 per child,**  
**additional RM250 per sibling\***

<https://tiny.cc/OPMusicTots2019>



**Register  
Now**

## **Aim:**

- Promoting communication using sounds and music.
- To provide opportunities for children to develop their learning skills to prepare for kindergarten and pre-school.

## **About the Session:**

- Turn-taking, sharing with others
- Listening to instructions
- Attentiveness to task
- Providing opportunities for children to develop their social and emotional skills
- Expressive language
- Pre-literacy skills
- Developing confidence

## Meet the Music Therapist, Ms Asako Mitani

Upon completing her Bachelor in Sociology and Masters in Education for Special Needs, Asako Mitani continued to find interest in applying music into special education. She completed her training to be a Music Therapist in Japan Welfare and Education College.



She is a certified Music Therapist registered under Japanese Music Therapy Association. She had practiced and brought awareness of Music Therapy to many institutions in Japan, including the Poco-a-Poco Music Therapy Studio, Tokyo Women's Medical Hospital, Koto-ku Special Needs Support Centre, and Children and Family Support Centre. Asako is highly experience in working with special needs children and also has worked with NASOM (The National Autism Society of Malaysia) and other private special learning centres in Malaysia since 2012.

## About Music Therapy:

Music therapy is a research-based practice and profession in which music is used to actively support people as they aim to improve their health, functioning and wellbeing. It is the intentional use of music incorporating a range of music-making methods within and through a therapeutic relationship. Music therapy is different from music education and entertainment as it focuses on health, functioning and wellbeing.

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