

Oasisplace
Multidisciplinary Intervention Centre
www.oasisplace.com.my

ACTIVITIES AT HOME

Making Playdoh



**SPEECH AND OCCUPATIONAL
THERAPY TARGETS TO WORK
ON WHILE YOU'RE HOME WITH
THE KIDS**





* Speech Therapy Goals *

- Phonology
- Understanding
- Vocabulary
- Social Communication
- Grammar

* Occupational Therapy Goals *

- Visual Skills
- Body Awareness
- Touch
- Fine Motor skills
- Gross Motor Skills

+++++++
Recipe
&
Instructions
+++++++

INGREDIENTS

½ cup Flour
¼ cup Salt
1 tbsp cream
of tartar*
½ tbsp oil
½ cup water
Food
colouring

* Cream of tartar
acts as a
preservative and is
optional

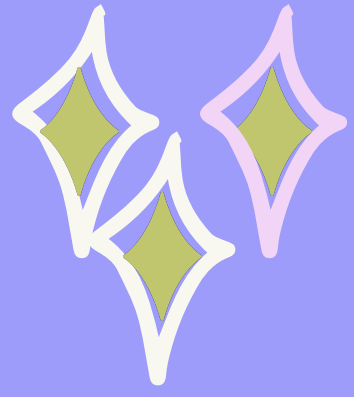
Recipe & Instructions

- 1) In a bowl, mix the flour, salt, and cream of tartar (if using).
- 2) In a separate pot, add 2–3 drops of food colouring and water. Add the oil to the pot and mix.
- 3) Add ingredients from the bowl into the pot and mix well. Put the pot on a stove.
- 4) Heat the mixture over medium heat. Keep mixing to prevent the mixture from burning.
- 5) Turn the heat off when the dough dries up and starts to form a ball. Let it cool.
- 6) Knead the dough until smooth and enjoy.



Speech Therapy Goals

Here are some suggested objectives you can pick and choose from to work on with your child.



Phonology

Phoneme -Grapheme Awareness

take the opportunity to spell letters with Play-doh and teach them the sounds and letters at the same time

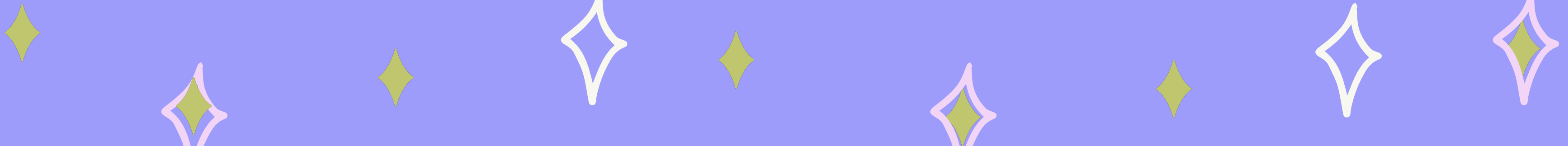
Speech Sounds

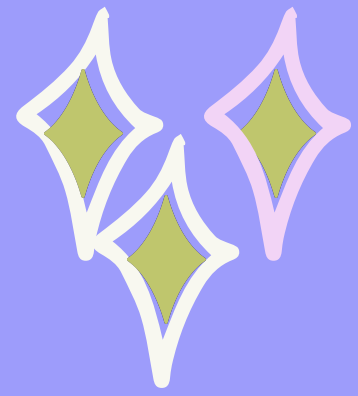
/d/ - dough, wooden, dye, foodd

/m/ - mix, more, time, mummy

Syllable Awareness

Play-doh [2]
com-bi-ning [3]
e-le-phant [3]





Understanding

Blank's Level of Questioning

INCREASING YOUR CHILD'S UNDERSTANDING OF QUESTIONS
RANGING FROM CONCRETELY PRESENTED INFORMATION TO THE
DEVELOPMENT OF ABSTRACT THOUGHT AND HIGHER THINKING
SKILLS

Level 1

- Which one is blue?
- Find one like this.
- What is this?
- Where is the flour?

Level 2

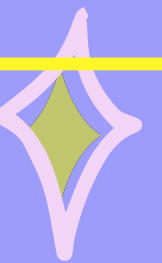
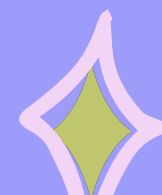
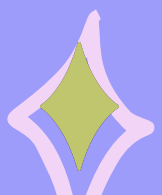
- What am I doing?
- Which ones are animal shaped?
- Which is not dirty?

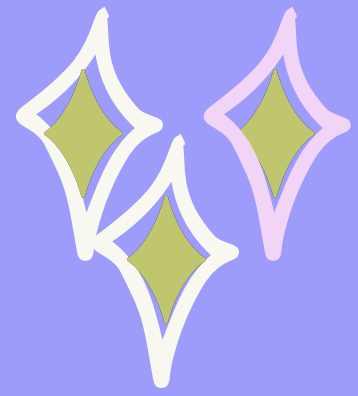
Level 3

- What else can we use to stir the dough?
- She touched the hot dough, how does she feel?
- How are these the same?

Level 4

- What do we do next?
- It's too sticky, how can we fix it?
- Why can't we touch the hot dough?





Vocabulary

Synonyms & Antonyms

hot - cool
big - small
sticky - gooey

Categories

appliances: oven,
blender
colours: red,
yellow

Introduce a Variety of Words

nouns

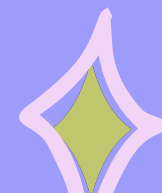
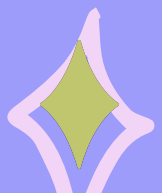
- dough
- colouring
- ingredients

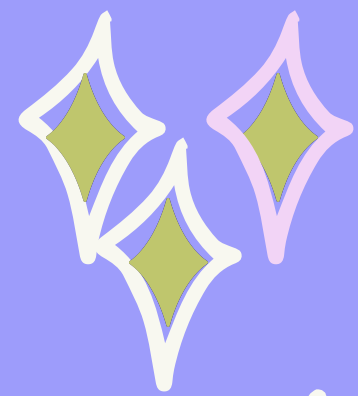
verbs

- stir
- combine
- roll out

adjectives

- sticky, gooey
- red, blue, green
- hot, cold, big





Social

Communication

Size of the Problem & Size of the Reaction

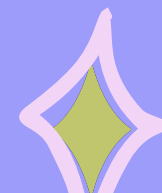
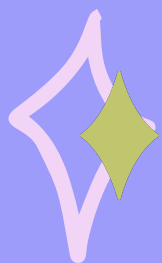
She burned her hand, what **size is the problem** and does the **size of her reaction** match the problem?

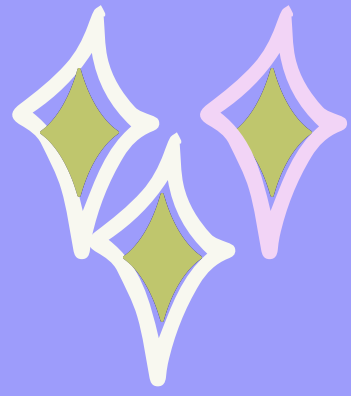
Requesting & Protesting

can I have the ...?
I don't want blue colour

Turn-Taking

Your turn to stir
It's my turn





Grammar

Plurals

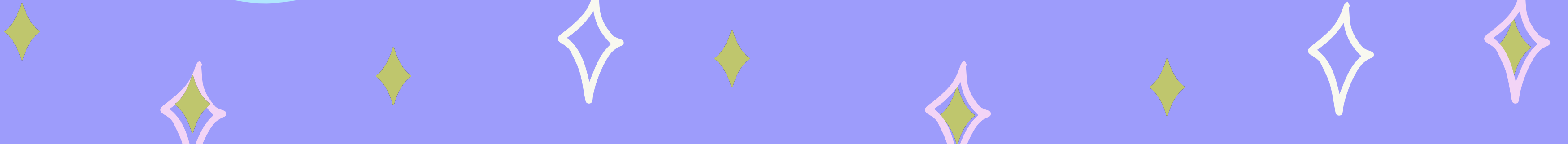
1 colour, 2 colours
1 cup, 2 cups

Prepositions

in
on
beside
between

Tenses

I am stirring.
I stirred
I am going to stir
I have been
stirring.





Occupational Therapy Goals



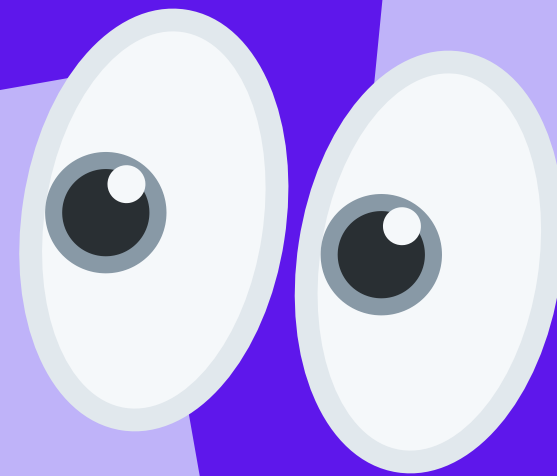
Your
participation in
the activities is
the moments
that we cherish
the most.





Visual Tracking

Tracking words and sentences appropriately while reading the recipe

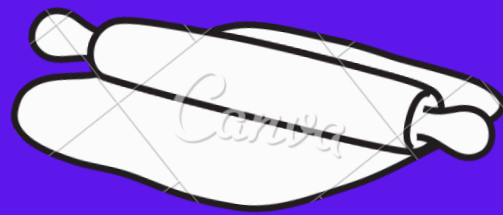


To scan the environment and locate the ingredients and utensils

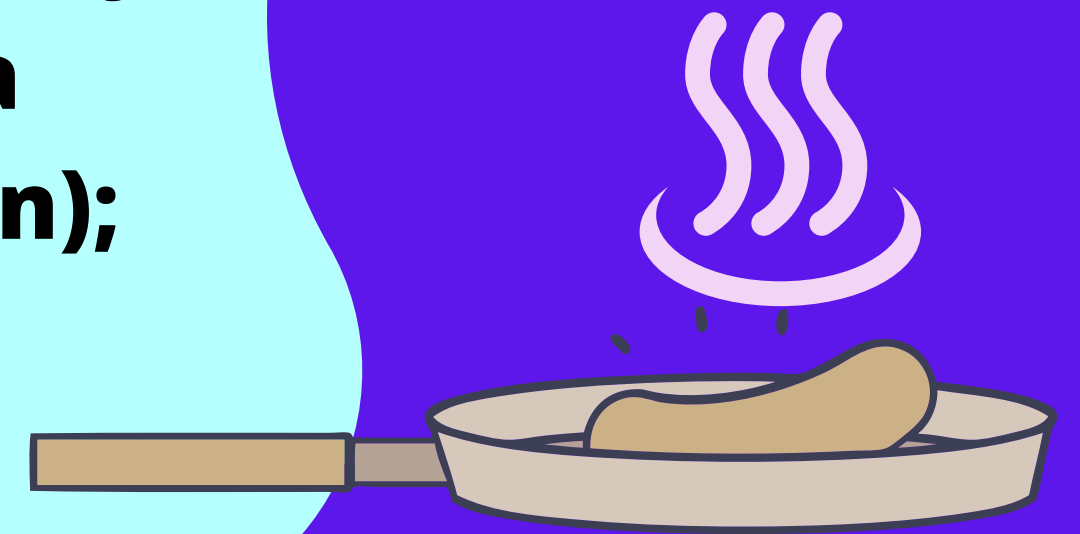
Visual Scanning

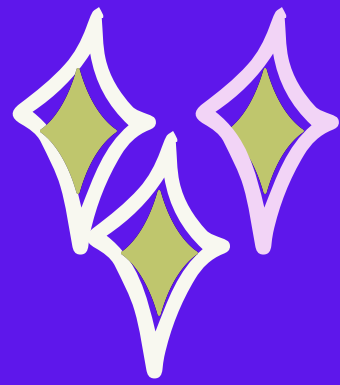


**Body
Awareness**



- **Apply appropriate amount of pressure during the task**
- **Coordinating both arms / hands to work together on the task**
- **Being aware of where body parts are in relation to a heat source (cooking pan); safety awareness**





Touch

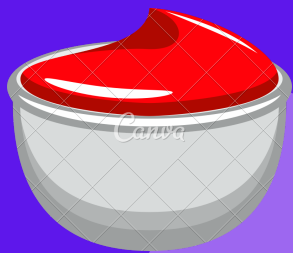
Powdery
Grainy
Dry



Sticky
Smooth
Yeilding



Experiencing different types of ingredients and textures

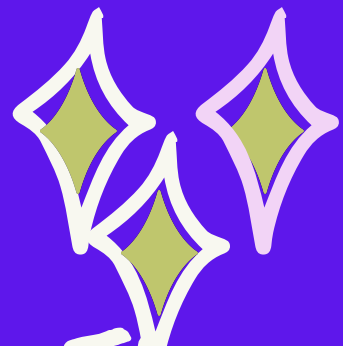


Wet
Slippery
Stivky



Oily
Chunky

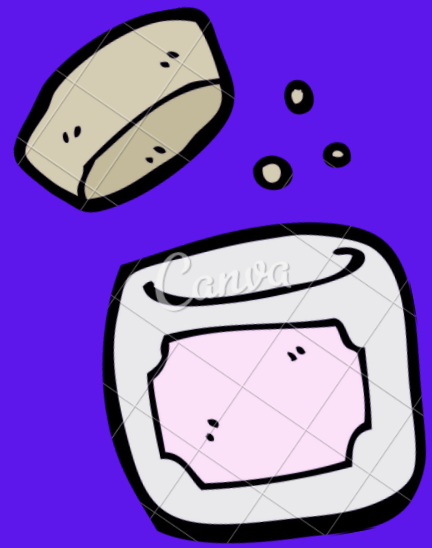




Fine
Motor



Stirring/mixing



Opening
jars/containers



**Finger
Dexterity
& Strength**



**Wrist
range of
motion**



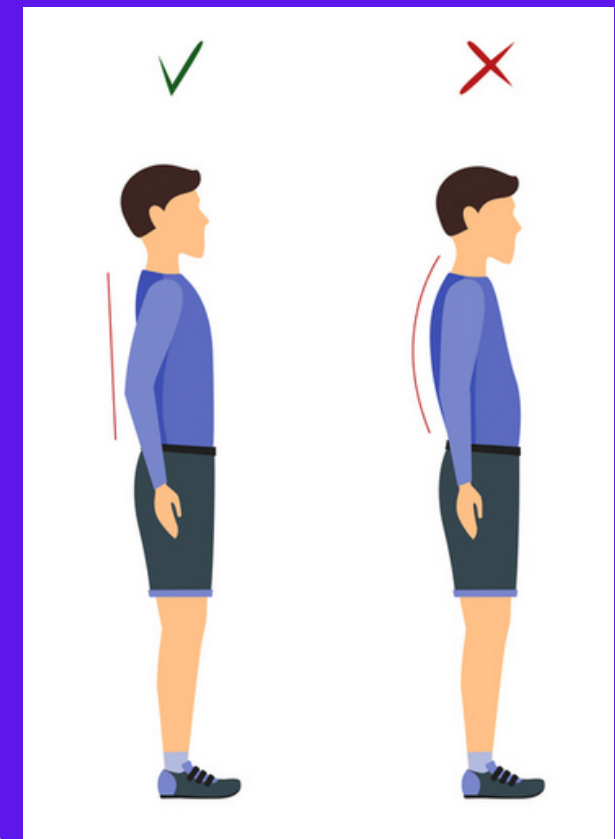
Making shapes



Gross
Motor

Shoulder Stability

During sitting
or Standing



When stirring,
mixing and kneading
the playdoh

Appropriate Posture

Possible
**CHALLENGES
&
ACCOMMODATION**

***SENSITIVE TO TOUCHING
DIFFERENT TEXTURE***

- Prepare a cloth nearby to wipe hands with.
- Use utensils or wear hand gloves when kneading/pressing out dough.
- Place dough ingredients in a ziploc bag to knead.

Possible
**CHALLENGES
&
ACCOMMODATION**

***LIMITED STRENGTH IN
GROSS OR FINE MOTOR
SKILLS***

- Take turns.
- Physically support the child during the task (e.g. place your hand over theirs)
- Ensure that work surfaces are an appropriate height for the child to optimise their ability to apply strength appropriately.