

INTEROCEPTION: KEYS TO CHALLENGING BEHAVIOUR AND EMOTIONAL WELL-BEING



Dr Kelly Mahler (OTD, OTR/L)

Occupational therapist for 20 years, serving school-aged children and adults. Winner of multiple OT awards, Co-principal investigator in research projects pertaining to topics such as interoception, self-regulation, trauma & autism.



17th & 24th August 2022, Wednesday
6.30pm - 9.30pm (MYT, UTC+8)

Learning Outcomes:

1. Define and understand interoception, our 8th sensory system
2. Describe the impact that interoception has on areas such as self-regulation, emotion, behavior and mental health
3. Identify at least 1 method for assessing interoception
4. Identify at least 3 evidence-based strategies for building interoception

Suitable for : Occupational therapists, Physiotherapist, Speech Language Pathologist, Psychologist, Counsellors, Educators, Parents

REGISTRATION FEES

RM 680 MALAYSIAN PARTICIPANTS

RM 580 MALAYSIAN MEMBERS (MSCP, MASH)

USD 220 INTERNATIONAL PARTICIPANTS



Register :

<http://tiny.cc/OPKelly2022>

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Host:



In Collaboration With:

